

Lauren Aldred

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PROFESSIONAL ASSOCIATIONS AND MEMBERSHIPS

- 2025 - present *Canadian Artists' Representation – CARFAC BC*
- 2024 – present *Federation of British Columbia Writers*
- 2008 - 2024 *Canadian Association for Spiritual Care* (Associate Member)
- 1994 - present *British Columbia Teachers' Federation*

RECOGNITION/GRANTS

- 2024, 2025, 2026 Neighbourhood Small Grants (Vancouver Foundation) to facilitate Creative Arts Retreats in Fort St. James
- 2023 - 2024 Recipient of HEAL (Healthcare: Hearts-based Education and Anti-colonial Learning) Research Grant to make a documentary on my healing through the Land. Screenings: Fort St James, Fraser Lake, McLeod Lake, Prince George, Vanderhoof. Ministry Forum Webinar Feb 2025. https://healhealthcare.ca/projects/from_creation/157
- 2019 - present Appointed to the Health Art Research Centre's Advisory Committee, University of Northern BC.
- 2017 Inaugural Recipient of Dr. Charles Jago Award for Empathy, Northern Health Authority
- 2016 Honorary membership in the Gold Key Society (University of Northern BC).
- 2013 Shooting Star Award, Volunteer PG.
- 2003 Local merit recognition, Golden Star "Pat on the Back" award.
- 1997 Recognized by the Minister of Women's Equality through a longhouse banquet and presentation, for my service to women and children experiencing violence on Haida Gwaii.

HIGHLIGHTS OF PROFESSIONAL ACHIEVEMENTS

- Module 3 "Land-Based Healing and Wellness" of "Nawh Whu'nus'en – We see in two worlds: Trauma sensitive practices for collectively healing relationship." Developed a Continuing Education accredited course under contract with the UBC Faculty of Medicine, scheduled as a preconference workshop for the BC Rural Medicine conference, June 2025.
- Invitation to submit a comprehensive book draft to HARP Publishing, November 2024.
- "My Cup Overflows: Practical Wellness Skills for Ministry," Continuing Education Course, *Vancouver School of Theology*, Indigenous Ministries Summer School, July 2024.
- "From Creation: Land-Based Healing and Wellness," Multi-Media Exhibition/Artist in Residence, Pope Mountain Arts/Omineca Arts Centre/Quesnel Junior Secondary/Corrillieu Secondary/St. Stephen's College/Vanderhoof Library, November 2024 to January 2025
- "Land-Based Healing and Wellness" Theory and Practice Courses at Master's Level, *Vancouver School of Theology*, Indigenous Ministries Summer School, July 2023
- "Land-Based Healing and Wellness" Theory Lecture and Workshop, *Canadian Association for Spiritual Care National Conference*, 2023
- "Bannock and Big Ideas," College of New Caledonia, March 2023
- "Land Based Healing and Wellness," *Rector's Cupboard Podcast*, 2022
- "Interfaith Spiritual Care" Webcast, *Interfaith Spiritual Care Centre, University of Northern British Columbia*, 2022
- Panelist, Chaplain's Webcast, *Interfaith Spiritual Care Centre, University of Northern British Columbia*, 2022
- Guest Lecturer as part of DMin Indigenous Methodologies on "Two Spirit," "Creativity as a Culturally Appropriate Modality," "Land-Based Healing and Wellness," Indigenous Theologies and Epistemologies, *Vancouver School of Theology*, 2021
- "One good story, that one: Arts-based approaches to reconnecting land, body and spirit." International Webalogue through Ecohealth Knowledge to Action Research Group 2018
- Panelist on Healthcare Forum, *Inspiring Woman Among Us*, University of Northern British Columbia, 2017
- "Opening the Circle: Advocating for and Supporting Greater Indigenous Participation in Spiritual Health/Care." Presented at Canadian Association for Spiritual Care National Conference 2017, CASC-BC Spring Meeting 2017.
- "Celebration of the Spirit: Renewal Through Spiritual Health." Keynote presented at Provincial Recreation Therapists Conference 2012, Northern Health staff workshop 2016.
- "Worth the Energy! The Effects of Spiritual/Energy Healing Upon Spiritual Health". Presented research at CASC National Conference 2015, ACEP Conference 2015, CASC-BC AGM 2015, Brown Bag Series Northern Health/UNBC 2015.
- "Cultural and Personal Mythology: When Truth is Bigger than the Facts," Presented in *Telling Stories*, FNHA Conference, 2015.
- "Spiritual Health in Palliative and End-of-Life Care." Presented at Northern Health Palliative Care Webinar Series, 2015.
- "Grief, Loss, and Self-Care." Presented at Northern Health Authority Regional Aboriginal Patient Liaison Conference, 2013.
- "Translating knowledge into tailored interventions for women and men to address tobacco use during pregnancy and postpartum" UBC, 2011; L.Greaves, M. Boscoe, N. Poole, P. Selby, C. Southerland-Brown, J.L. Bottorff. Was local expert and focus group leader.
- "Relationship Violence with Elders, Elder Abuse." Elizabeth Frye Conference 2007.
- "Nicotine Intervention Counselling at the Quesnel Women's Resource Centre" BSASVACP Newsletter Issue 2007-02
- "Smoking Cessation as a Feminist Act." Health Canada 2007.
- "How to Survive Your Client's Crisis", Sixth National Youth and Child Care Conference 1988

EDUCATION AND QUALIFICATIONS

August 2026	Therapeutic Arts Certificate, <i>Naturalistico, Holisticourses</i> .
Jan - May 2024	Instructional Skills Workshop, Instructional Skills Trainer, <i>College of New Caledonia</i>
June 2021	Mindfulness-Based Ecotherapist (APA recognized certification), <i>Mindfulness Ecotherapy Centre</i>
Aug – Sept 2019	200 Hour Yoga Teacher Certificate, Trauma Informed Yoga Advanced Training, Decolonizing Yoga
April 2018 - present	Writing dissertation toward Doctor of Ministry in Land-Based Healing and Wellness, <i>St. Stephen's College</i>
May 2015	Master of Arts (Public & Pastoral Leadership, Thesis on Spiritual Healing), <i>Vancouver School of Theology</i>
April 2015	Completed Basic Level I&II, Advanced Training in Addictions and Compulsive Behaviour, EMDR (Eye Movement Desensitization and Reprogramming), <i>EMDR Institute</i>
May 2014	Second Basic Unit, Clinical Pastoral Education, (recommended for equivalency to second advanced CPE Unit,) St. Paul's Hospital, <i>Providence Health Care/Vancouver School of Theology</i>
August 2013	Anglican Tradition (HSSP 1616), Fundamentals of Worship (LS 1110), Liturgical Leadership (LSFT 2115) Continuing Education, Anglican Immersion, <i>Church Divinity School of the Pacific, Berkeley</i>
August 2008	First Basic Unit, Clinical Pastoral Education Program, St. Paul's Hospital, <i>Providence Health Care/VST</i>
September 1997	Professional Teaching Certificate, <i>Teacher Qualification Service</i>
June 1997	Bachelor of General Studies with Minors in Learning Disabilities and Educational Psychology, <i>SFU</i>
May 1997	Certificate of Liberal Arts, <i>Simon Fraser University</i>
January 1994	Standard Teaching Certificate, <i>Teacher Qualification Service</i>
December 1993	Professional Development Program (Education), <i>Simon Fraser University</i>
November 1987	Intensive Life Skills Coaching Course (240 hours), <i>Toronto Y.W.C.A.</i>
1982 - 1983	Second Year Rehabilitation Medicine, <i>University of British Columbia</i>
1979 - 1980	First Year Arts and Sciences, <i>College of New Caledonia</i>

Various Training and Workshops:

Counselling/Healing: I-SPARC: Honour Your Health Challenge Leader 2020/21/22/23/24, Collaborative Autoethnography 2024, Sport for Life: Physical Literacy 2020, Mental Health Commission of Canada: Caring for Your Team (Pandemic) 2020, Understanding the Impact of COVID-19 on Your Mental Health 2020, LGBTQS+ Students in the Time of COVID: Resilience in the Face of Challenge 2020, Collaborative Approach in Student Mental Health Crisis 2020, Exploring Behavioural Intervention Teams in a Modern Day Post-Secondary Landscape 2020, Adapting to COVID-19: Dealing with Burnout 2020, Advanced EMDR Training in Addictions and Compulsive Behaviour 2017, Eye Movement Desensitization and Reprogramming I&II 2013/2015, Psychological Issues & Strategies for Dealing with Trauma, Loss & Crisis (N. Reeves) 2013, Thought Field Therapy (Algorithm Level) 2011, Healthy Boundaries Facilitator Level I & II (FaithTrust Institute), Suicide Identification Intervention and Prevention, Reiki Levels I&II, Systematic Training for Effective Parenting Instructor (Adler Institute), Anger Management, Sexual Abuse, Family Systems, Sexuality and Youth Care, Legal Issues in Child Care, Harm Reduction (UNBC), Professional Ethics (CRA), BCCEWH Mothering and Substance Use, BCASVACP Conference Emerging Spirit: From Violence to Social Justice through Faith and Culture 2007 (also 1994, 1995, 1996), FAS and Attachment Disorder 2005, Autism Conference 2004/2006 (Chris Rose Therapy Centre), Reality Therapy 1988, Various Communications Workshops.

Interfaith Summer Institute: Decolonizing the Body; Revitalizing the Soul (Indigenous Theology/Spirituality) 2008.

Justice Institute: Critical Incident Debriefing Level I & II, BCASVACP Sexual Assault Training, Residential Program Managers Conference, Supporting Resiliency in Children Through the Court Process, Healing the Self, The Other, and The Community, Feminism and the Politics of Hope, Politics of Grief, Spirituality and Healing, BCASVACP Core Training Victim Assistance (Court Training, Group Instruction), Awakening Personal Responsibility I, Dissociation and Multiple Personality Disorder.

Education: Instructional Skills and ISW Trainer, Learning to Teach Online 2020, Communities of Computer Managed Learning, Teaching Language Arts Across Grade Levels, SD# 81 Special Ed Conference, Structure of Intellect, Introduction to the Internet, ProD Representative Training, Socializing the Special Needs Child, Managing Adolescents with Behavioural Problems.

Spiritual Health: ELCIC Rostered Ministers Conference 2026, Compassion is Spirituality in Action 2025, Holding the Story of the Church and the Indigenous Story Together 2025, Hope in Troubled Times 2025, Praying the Psalms 2024, The Art of Calm 2024, Reconstructing Theological Assumptions 2024, Preaching Refresher 2024, Art of Preaching 2017, Code of Ethics Module 2011/15; CASC (CAPPE) National Conference 2010/11/12/13/14/15/16/17/23; AGM of CASC-BC 2009-2024.

Northern Health: Education Pathways I & II, Intermediate Policy and Clinical Practice Standard Development, Brief Action Planning Certification, Project Management Community of Practice, Hiring the Right Employee 2016, TCPS2 Core Research 2014, Introduction to Quality Improvement 2014, Critical Appraisal in Northern Health 2013, Mentorship 2013, Advance Care Directives Trainer 2013, Core Competency in Indigenous Mental Health 2012, First Nations Health Conference 2010, Code White Training 2009, Dementia 2009, NICC Trainer 2006, Nicotine Intervention Counselor I and 5-Day Advanced Level (UMASS) 2005.

B.C. Skills: Volunteer Management, Marketing.

Other: Intro to Electronics for Artist 2026, Arts Mentoring 2025, Gender-Based Analysis+ & Building a Framework 2025, Uplifting Indigenous Knowledge and Culture 2025, Art Therapy 2025, Fresh Connections Videography 2025, Food Safe, OFA, Community Futures Business Skills, Rural Communities Summit 2003, Win-Win Negotiating, Bear Wise Certificate, Sales/Marketing. /...3

RELATED EMPLOYMENT EXPERIENCE

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- Aug. 2025 – present *Indigenous Human Services Worker Instructor, Northern Lights College*
Instructing “Introduction to Human Service Work,” “Indigenous Wellness and Healthy Practices,” “Social & Health Issues in Indigenous Communities,” “Indigenous Family Systems,” and “Community Helping Project.”
- July 2016 – present *Sole Proprietor, Myriad Wares & Services*
9.5 CE course for UBC Medical School, Provincial UCC Ministers 3-Day Retreat, Cultural Ambassador, BC Arts and Culture. Sessional instruction VST. Art exhibitions. Art-for-Wellness/Land-Based workshops in churches, schools, community settings. Clinical Supervision, Consulting. Counselling: trauma/EMDR, spirituality, life transitions, grief and loss, meaning-making, arts and health. Part-time contract with McLeod Lake Indian Band (2015-2018). Conference/workshop presentations. Web content writer for Belonging Network. Guest Preaching. Grant writer, Pope Mountain Arts.
- May 2011 – present *Worship Leader, Affirming Committee, Program Manager, Our Saviour’s Lutheran Church*
Preaching, pastoral support. 9- and 48-month terms. Secured grants for Art, Land-Based, Queer Youth programs.
- Nov. 2018 – July 2024 *Part-Time Counsellor (Nechako), Instructor, College of New Caledonia*
Counselling to students, wellness presentations, therapeutic arts activities, yoga, land-based healing and wellness. Wellness Instruction. Developed wellness program, “Four Directions to Wellness”. Developed academic courses INDS140 and INDS240: Land-Based Healing and Wellness. Facilitated various trainings/instruction/teaching. Instructional Skills Workshop Trainer. Writing and securing extensive program grants.
- Dec. 2008 – July 2019 *Manager of Spiritual Health, Northern Health Authority*
Regional department oversight/administration/development. Services to patients/families/staff. Member of subcommittee of Ministry of Health Spiritual Health Advisory. Involvement in setting provincial policy in Spiritual Health regarding Medical Assistance in Dying. Research in Spiritual Health. Member: Regional Ethics Committee, Municipal Interfaith Council, Person and Family Care Centre. Strategy Steering Group, Aboriginal Health Improvement Committee, Staff Wellness Committee, Complicated Grief Group. Set up first Spiritual Care Clinical Training program in NHA. Liaison with community faith groups, Ministerial Association and PLURA. Oversaw 75-80 clergy. Presentations to college/university classes and community groups. Focus group participation for the development of an Indigenous Health Advisory Council. UBC Faculty of Medicine. Co-facilitated weekly Complicated Grief Group with Mental Health. Determined and met staff training needs: Compassion Fatigue, Lateral Kindness, Care of LGBTQ2SIA+ Patients, EMDR (Basic and Advanced). Support to staff, groups for staff (e.g. Artists’ Way). Set up a “Wellness Collection” collaboratively with NHA librarian. Mentored up to seven university students annually. Junior Volunteer Program for 125-155 youth.
- Nov. 2008 - Feb. 2010 *Child and Youth Therapist, Quesnel Child and Youth Support Society*
Counselling through the Sexual Abuse Intervention and Child/Youth Mental Health Programs.
- Nov. 2008 - Jan. 2009 *Counsellor, Nenqayni Wellness Centre (Casual Position)*
Counselling support to Indigenous youth and families recovering from substance misuse. Healthy recreation.
- Jan. 2007- June 2010 *Self-Employed Contractor*
Local Expert, B.C.C.E. Women's Health; Brief Nicotine Intervention Trainer, Northern Health Authority; Agency Relational Consultant, B.C. Schizophrenia Society (P.G.).
- Feb. 2005 - April 2007 *STV Women's Counsellor, Quesnel Women's Resource Centre*
Mid-range counselling to women impacted by historical sexual abuse and/or relationship violence. Public speaking and education including college and university courses. Prevention programs with youth. Program development. Program grant proposals. Conference workshops.
- April 2006 - April 2007 *Outreach Worker, Quesnel Women's Resource Centre*
Poverty advocacy across the spectrum. Emotional support, accompaniment. Group facilitation.
- Sept. 2006 - Mar. 2007 *Smoking Cessation Counsellor, Quesnel Women's Resource Centre*
Individual and group counselling to women and at-risk youth. Presented in national Health Canada Forum.
- July 2005 - Mar. 2006 *Advocate, Voices of the Homeless, Quesnel Women's Resource Centre*
- Nov. 2004 - Feb. 2005 *Saturday Manager / Volunteer Coordinator, St. Paul's Anglican Church Thrift Store.*
Staff supervision, retail management, community dinner coordination, social assistance.
- July 2000 – July 2002 *Safe Homes Worker, Golden Women’s Centre (Part Time, Occasional)*
Answered crisis and information calls, assisted women to shelter, crisis counselling.
- Sept. 1999 – March 2000 *Alternate Education Teacher / Head Teacher, Golden Secondary School, School District #6 (Rocky Mountain)*
Taught grades 8-10 computer-assisted learning across all subject areas to behaviourally challenged adolescents aged 14-16, including English, Mathematics, Science, Social Studies, Career and Personal Planning, Home Economics, Physical Education, Art.
- July 1999 – August 1999 *Early Childhood Literacy Instructor, Northwest Community College, Dease Lake*
Pre-literacy activities to children 3-5 and their families. Staff supervision, record keeping.
- Sept. 1998 – June 1999 *Special Education Resource Teacher K-12, Dease Lake School, School District #87*
In-Class/pull-out assistance to individuals and small groups in most subject areas.

Administered PPVT, K-Tea, reading assessment. Coordinated school education planning meetings. Wrote I.E.P.s for 45 students (my I.E.P.s were used as the district model). Behaviour management training to students with behavioural challenges. Presented "Safe to Learn," at a district SERT workshop. Weekly study hall attended by 75% of highschool population, second semester. Home Economics 11. Primarily used experiential learning and evaluation techniques. Organized four community banquets. Newsletter, Staff supervision.

- Sept. 1997 – June 1998 *Satellite Teacher, Denetia School, School District # 87 (Stikine)*
Supported correspondence students in all subject areas, from grades 2 – 12 and adult, administered C.A.A.T., F.T.E. 0.7. K/1/2 classroom, F.T.E. 0.2, Liaison between B.C. Education Agreement students, First Nations Education Committee, families and Yukon schools, F.T.E. 0.1. Fundraising, fieldtrips, newsletter contributions, cooking for community and school events. Professional Development Representative, B.C.T.F.
- Feb. 1994 – August 1997 *Victim Assistance Coordinator, Queen Charlotte Islands Women Society*
Community development and liaison, support groups for women and children (including Children Who Witness Abuse Program), court preparation, advocacy, coordination of victim services, volunteer training and supervision, public speaking, crisis intervention, program design, community needs assessment, education to assaultive men's groups, alternative justice circle, proposals, reports, articles. Wrote successful proposal for and implemented "Young and In Love" (dating violence prevention).
Women's Counsellor
Crisis and long-term counseling with women impacted by violence and/or residential school abuse. Co-organized first young women's conference in Masset, attended by all high school women. Taught life skills in the RISE Program (employment preparation) to women.
- Jan. 1994 - June 1994 *Tutor, Self-Employed*
Assisted a student to succeed in intermediate level Math, Science and English.
- Oct. 1988 – Oct. 1989 *Resource and Training Coordinator, Prince George Addictions Society*
Substance abuse prevention activities with students of all ages, trained volunteers in prevention activities, produced newsletter, organized community prevention activities, liaison between community groups and schools, media relations, set up resource library, evaluated materials, reports to Board and government.
- Nov. 1985 – Oct. 1989 *Conference Speaker / Workshop Facilitator, Self-Employed*
"How to Survive Your Client's Crisis," Sixth National Youth and Child Care Conference, "Dealing with Difficult Clients," Elizabeth Frye Society, College of New Caledonia Dental Assistant Program, "A Crisis Intervention Model," Prince George Home Care Society and Prince George Receiving Home Society, "Self-Care," Prince George Receiving Home Society, "Super Woman Syndrome" and "Time Management", Prince George YM/YWCA, "Employment Maintenance Skills" and "Stress Management," Prince George Chamber of Commerce, "Assertiveness Training," McBride Recreation Society, "Adolescent Anger Management," Youth Corrections, "Working Cooperatively With Your Social Worker," Prince George Foster Parent Association Conference, etc..
- Nov. 1987 – Feb. 1988 *Special Care Foster Parent, Ministry of Social Services and Housing*
Assisted an adolescent girl to make the transition to independent living.
- Nov. 1985 – August 1988 *Youth Worker / Family Support Worker / Workshop Facilitator, Kolbuc and Associates*
Taught life skills, parenting, anger management, job entry, counseled families, worked with adolescent sex offenders and victims of abuse, home safety assessments, treatment planning, reports.
- Sept. 1987 – April 1988 *Youth Compensation Program Coordinator, Central Interior Society for Correctional Tasks*
Found job placements for youth with court fines and victim compensation orders, program design, extensive financial and program records, reports. Received recognition from the Ministry of Attorney General for the caliber of the program's annual report.
- January 1985 – Sept. 1987 *Lifeskills Coordinator / Counsellor / House Parent, Prince George Receiving Home Society*
Designed and implemented an independent living program for adolescents, supervised a staff of six, liaison between Ministries of Attorney General, Social Services and Housing, and child and parents. Counseled groups and individuals, taught life skills and employment skills, lived in as a houseparent for two years, worked with adolescent sex offenders and victims of abuse, staff training, crisis intervention, reports, proposals, client needs assessments.

VOLUNTEER EXPERIENCE

- Oct 2023 – present Advisory Group, Pope Mountain Arts Centre. Wrote and secured grants. Volunteer Art-for-Wellness, Artist's Way facilitation.
- Sept 2021 to present Queer Affirming Committee, Our Saviour's Lutheran Church
- Apr 2019 to present Advisory Committee Member, Health Arts Research Centre, University of Northern British Columbia
- Apr 2017 to July 2018 Member, Municipal Interfaith Council, City of Prince George
- Nov. 2021 to May 2023 BC Representative to Reconciliation Committee, Canadian Association for Spiritual Care Canada
- Nov. 2019 to Nov. 2022 Past Chair, Canadian Association for Spiritual Care, British Columbia

Nov.2017–Nov.2019	Chair, <i>Canadian Association for Spiritual Care, British Columbia</i>
Nov.2016 – Apr. 2018	Member of TRC & Indigenous Issues Committee, <i>Canadian Association for Spiritual Care British Columbia</i>
Nov.2015–Nov.2017	Vice Chair (Chair-elect), <i>Canadian Association for Spiritual Care British Columbia</i>
Oct. 2010 – Oct. 2015	Member-at-Large, <i>Executive, Canadian Association for Spiritual Care British Columbia</i>
Aug. 2015 – Mar. 2017	Education Working Group, Committee of Spiritual Health Advisory Council, <i>Ministry of Health British Columbia</i>
May 2014 – Nov. 2015	Appointed to National Advocacy Committee, <i>Canadian Association for Spiritual Care</i>
May 2014 to July 2018	Therapy Dog Handler, <i>St. John's Ambulance Brigade</i>
Sept. 2013 – July 2018	Founding Chairperson, <i>EMDR North</i> (established for training, networking, clinical case consultation)
2014, 2016	Church Council, <i>St. Michael and All Angel's Anglican Church</i>
Jan. 2012 – Apr 2018	Licensed Minister of Word and Sacrament, <i>St. Michael's and All Angels Anglican Church</i>
Feb. 2009 – Dec. 2011	Licensed Minister of Word and Sacrament, <i>St. John Divine Anglican Church</i>
Nov. 2008 - Jan. 2009	Volunteer Chaplain, <i>G.R. Baker Memorial Hospital</i>
2007 - 2008	Hospitality Volunteer, <i>Truth and Reconciliation Commission Meeting</i> , First Year Representative Student Association, Conference Volunteer Co-Coordinator; <i>VST</i>
2005 - 2012	<i>Founding Vice-President, Advocacy Resource Centre of the Cariboo</i> Helped establish a society to advocate for all: persons experiencing poverty, disability, addictions, and other forms of marginalization.
2003 - 2004	Member, Community Service Committee, <i>Rotary Club International, Golden, B.C.</i>
2003, 2004	Organized Community Christmas Dinners, <i>Golden, B.C.</i>
2002 - 2003	Committee Member, <i>Golden Wildlife Festival of Birds and Bears</i>
2001	Coffeehouse Fundraising Committee, <i>Golden & District Community Foundation</i>
2001	Member, <i>Parson Community Hall Society</i>
2000	Parent Advisory Council, <i>Columbia Valley Elementary School</i>
1997	Founding Chairperson, <i>Harmony House</i> (Charitable fundraising coffee house)
1996	Volunteer, <i>Tahayghen Elementary School Parent Advisory Committee</i>
1996 – 97	Founding Co-Chairperson, <i>Masset Community Food Bank, St. Paul's Anglican Church</i> Organization, promotion, fundraising, distribution, proposal preparation. There was a ten-day span from idea to food bank opening.
1994 – 97	Founding Chairperson/President/Past President, <i>Haida Gwaii Society for Community Peace</i> Received society status. Wrote proposals receiving grants from the Ministry of Women's Equality and Gwaii Trust to develop transition house proposal. Co-wrote successful proposal for \$500,000 funding to build, develop programs, run transition house. Successfully lobbied downsizing Department of Defense to transfer ten houses and property to B.C. Housing for use as second-stage housing. Volunteer recruiting, community fundraising, liaison: Society, Band Councils, Min. of Women's Equality, RCMP, Dept. of Defense.
1996 – 97	Parent Rep., <i>Infant Development Program Advisory Committee, Q.C.I. Health Care Society</i> Assisted in program development and implementation.
1995 – 96	Co-Facilitator, <i>Women's Spirituality Group</i> Organized and facilitated inter-faith group on a twice-monthly basis. Facilitated an inter-faith seven communities gathering in response to a community crisis.
1987 – 90	President / Vice-President / Board Member, <i>Prince George Youth Shelter Society</i> Prepared proposal to establish youth shelter. Received society status.
1986 – 87	Founding Chairperson, <i>Youth Workers Support Group</i> Identified and met training needs.
1986 – 87	Founding Chairperson / Secretary, <i>Teen Suicide Prevention Committee</i> Established a multi-disciplinary prevention team. Lobbied school district to implement positive mental health program after a sharp increase in adolescent suicide in Prince George. Community education events, professional training workshops.
1980 – 81	Children's Aide, <i>Prince George Child Development Centre</i> Assisted with physical therapy, speech therapy, socialization.
1973 – 1979	Teacher's Aide, Gymnastics Coach, Candy Striper, Canvasser (<i>Heart & Stroke Foundation</i>)

OTHER WORK EXPERIENCE

- Nov.2004-Feb. 2005 *Cashier / Cook, Parson General Store*
- May 2004-October 2004 *Chambermaid / Cook's Helper, Timber Inn, Parson, B.C.*
- Nov.2000– Dec.2004 *Owner, Myriad Wares and Services / Holy Smokes Herbal Products and Incense / Dancing Star Arts Centre*
Operated two small aromatherapy /herbalism businesses. Marketing, sales, product development, display, production, bookkeeping. Administrated a cooperative gallery comprised of thirty-five artists and musicians.
- July 2002 – October 2003 *Program Delivery Specialist, Bear Aware Program, B.C. Conservation Foundation*
Public education through presentations, canvassing, presentations. Program marketing and fundraising. Reports and record keeping. Volunteer recruitment, training, supervision.
- October 2000 - Dec. 2003 *Hostess, Welcome Wagon Incorporated (Part Time)*
Welcomed newcomers, new businesses / professionals, and new babies to the Town of Golden and surrounding area. Sales, marketing, promotions, reports. Received national recognition for increased visits, sponsorship. Nominated for "Community of the Year", 2001. Nominated for "Community of the Year" 2002, received runner-up Western Canada, "Hostess of the Year" and "Community of the Year"2003.
- April 1997–June 2006 *Freelance Writer, Occasional.*
Included writing the column, "All My Relations," for the Haida Gwaii Observer (former QCI Observer).
- Nov. 1995–April 1996 *Manager, The Meeting Place (Restaurant and Meeting Centre)*
Scheduling, banquet cooking, ordering, marketing.
- Oct. 1988–Nov. 1990 *Arts Coordinator, Prince George and District Community Arts Council (Studio 2880)*
Organized an annual juried arts/crafts fair attended by over 7000, booked performers, organized concerts, public relations, media appearances, articles, recruited, supervised and evaluated a staff of 36 part-time staff and 12 volunteers, fundraising proposals, reports.
- Jan. 1984–Dec. 1984 *Personal Care Attendant, Vancouver Resource Society for the Physically Disabled*
- 1973 – 1984 Various in retail, sales, restaurant, sawmill, customer service, mechanic shop, bookkeeping and payroll.

REFERENCES

Available upon request.